Information from the Hessian Ministry of Social Affairs and Integration on leisure and sports

The closure of specific businesses and the prohibition of various activities is necessary to slow down the spread of infection. These are facilities and events in or at which compliance with spacing and hygiene rules cannot typically be ensured due to the nature of the activity, or where particularly vulnerable groups who need special protection come together.

The following are basically prohibited for the public:

- brothels
- dance events
- large events where compliance with the rules of spacing and hygiene typically cannot be ensured
- prostitution centres, prostitution events, sex drive-ins, streetwalking, day-use flats, hourly hotels

Restrictions in leisure activities are also necessary to slow down the spread of infection and keep social contact to a minimum.

For example, the following will be closed:

- leisure activity facilities (indoor and outdoor)
- bathing establishments on water bodies
- clubs
- discotheques
- EMS studios
- fitness studios and similar facilities
- amusement parks
- galleries (if the focus is on exhibitions)
- youth centres, insofar as the leisure character or physical interaction is in the foreground (activities with a clear educational or counselling objective or activities involving child and youth work and youth social work are permitted)
- cinemas, open air cinemas,
- concert halls
- trade fairs
- museums (also art exhibition sites with other names)
- operas
- Pilates studios
• saunas
• stately homes
• swimming pools
• senior citizens’ meeting facilities
• casinos, amusement arcades
• dance halls
• theatres
• thermal spas
• zoological parks
• betting offices incl. lottery and lottery ticket offices (exception if part of another permitted business such as a kiosk)
• yoga studios
• circus events
• zoological gardens
• zoos

Archives, libraries, drive-in cinemas and adult education centres or art and music schools are not closed.

Sports:

Recreational and amateur sports are permitted on and in all public and private sports facilities only if alone, in pairs or with one's own household.

Training and competition in top-class and professional sports is permitted in sports facilities, provided that this is based on a comprehensive hygiene concept and that the Robert Koch Institute recommendations on hygiene are observed.

Personal training with a maximum of two persons may be offered. Personal training in fitness studios is not permitted. Fitness studios and similar facilities must remain closed. However, this is not the case if medically-necessary treatments are carried out there (e.g. rehabilitation sports, physiotherapy treatments).

Rehabilitation sport and functional training do not fall under the conditions for sport since these are medical measures.

Current information can be found on the Hessian Ministry of Social Affairs and Integration website at the following link: [www.hessenlink.de/2019ncov](http://www.hessenlink.de/2019ncov).